

Arklow Cancer Support Group Autumn 2015.



 Irish Cancer Society

2015 | **National Conference
for Cancer Survivorship
PROGRAMME**



Living Well with Cancer

**FRIDAY 18th
and SATURDAY 19th
SEPTEMBER 2015**
AVIVA STADIUM DUBLIN 4

The Conference is kindly supported by:

 Bristol-Myers Squibb  janssen  MSD  Roche

Services Provided

- ◆ Monthly meetings the last Wednesday of each month with speakers on various topics
- ◆ Our Volunteer to drive team, taking our patients for their daily radiation therapy.
- ◆ One-To-One counselling is available by appointment only-and is provided by highly qualified professional counsellors.
- ◆ Reflexology & massage are available by appointment.
- ◆ Art Classes each Monday morning @ 10.30 with Tutor Bernie Fitzgerald.
- ◆ Meditation each Wednesday at 10.30 a.m. with Olive Sheridan
- ◆ Roches - Positive appearance & Well Being announce Wig and Breast Care Clinic @Arklow Cancer Support Group on Last Wednesday of each month from 11—4 pm

Upcoming events

Sept 15th World Lymphoma Awareness Day.

Sept 16th Mouth Cancer Awareness Day.

Sept 18th & 19th "Living Well with Cancer Conference at the Aviva Stadium Dublin.

Sept. 30th . Roches Breast Care specialist in attendance at Arklow Cancer Support Group 11-4pm

Sept. 30th Monthly Meeting

Oct 10th & 11th. "Life has no Limits". Support and coping with critical illness workshop. Cross Fit Gym Bath Street Wicklow Town. Tel: 0861616065 or www.lifehasnolimit.com.

Oct 15th Europa Donna Breast Cancer Awareness Day. Held every year, Breast Health Aims to disseminate information concerning breast health and raise awareness of prevention and early detection of breast cancer among women and girls.

Oct 28th. Monthly Meeting.

Arklow Cancer Support Group
25 Kingshill
Arklow
Co. Wicklow
Telephone: 0402/23590
Mobile 085/1100066

Other Services provided at Arklow Cancer Support

- ♦ Creative writing
- ♦ Mindfulness
- ♦ Meditation
- ♦ Health & Wellbeing
- ♦ Wig Fitting
- ♦ Library on all types of cancer.
- ♦ Lymphoedema assistance
- ♦ Telephone assistance

Irish Cancer Patients Are Amongst First in World to Receive Newest Cancer Drugs. Thanks to Clinical Trials.

The importance of access to clinical trials for cancer patients in Ireland was highlighted at the launch of Cancer Week Ireland 2015.

According to the most recent figure from the Irish Clinical Oncology Research Group (ICORG) currently 10% of Irish patients diagnosed with cancer were enrolled on a ICORG sponsored study in 16 hospitals sites across the country. Of these just over 3% are involved in drug trials where they receive access to new drugs. Research carried out this year by ICORG demonstrated that 50% of patients sign up for clinical trials because they believe they will receive the best possible medicine while 46% choose clinical trials because they want to help others in the future.

For more details visit: www.cancer.ie

One secret to victory
Is the Never twins-
Never give up and
Never give in.

Find Us...



www.arklowcancersupport.com



Arklow Cancer Support Group