

Arklow Cancer Support Group Summer 2015.



An Evening of Poetry
and music
in aid of
Arklow Cancer
Support Group



Spanish Affair

Wicklow-based poet Shirley McClure invites you to join her and guest poets, Jane Clarke and Katie Donovan for the launch of **Spanish Affair** a CD of poetry and music.

- Poetry readings by Shirley and guests
- Refreshments served
- Music by Eamon Sweeney

ARKLOW LAUNCH EVENING

Thursday 18th June
20:00 - 22:00
Presbyterian Hall, Dublin Road, Arklow

DUBLIN LAUNCH EVENING

Tuesday 16th June
18:30 - 20:30
Irish Writers' Centre,
19 Parnell Square North,
Dublin.

Blue Wall
www.bluewall.ie

This project has been kindly sponsored by Blue Wall Technologies Ltd and by individual donors. To purchase the CD please contact: www.thepoetryvein.com.

All proceeds go to Arklow Cancer Support Group.

Services Provided

- ◆ Monthly meetings the last Wednesday of each month with speakers on various topics
- ◆ Our Volunteer to drive team, taking our patients for their daily radiation therapy.
- ◆ One-To-One counselling is available by appointment only-and is provided by highly qualified professional counsellors.
- ◆ Reflexology & massage are available by appointment.
- ◆ Art Classes each Monday morning @ 10.30 with Tutor Bernie Fitzgerald.
- ◆ Meditation each Wednesday at 10.30 a.m. with Olive Sheridan
- ◆ Roches - Positive appearance & Well Being announce Wig and Breast Care Clinic @Arklow Cancer Support Group on Last Wednesday of each month from 11—4 pm

Upcoming events

May 17th Classic Car Show
on South Quay Arklow

May 27th Monthly Meeting

30th May Our Annual trip
to Bloom

June 1st. Mini marathon.
We thank all those who are
participating for us this
year

June 18th. Launch of CD by
Shirley McClure at the
Presbyterian Church Dub-
lin Road Arklow at 8 pm.

June 24th Monthly Meeting

Arklow Cancer Support
Group's Annual Leave from
July 31st to the 17th Au-
gust. Our premises will be
closed for those 2 weeks .
Our Volunteer to drive pro-
gramme will continue to
operate taking our clients
for their daily radiation
therapy and our telephone
will be manned.

We wish to thank all our
fundraisers who have work
tirelessly for our Support
Group to provide the nec-
essary services provided to
the people of Arklow and the
surrounding area.

Arklow Cancer Support
Group
25 Kingshill
Arklow
Co. Wicklow
Telephone: 0402/23590
Mobile 085/1100066

Other Services provided at Arklow Cancer Support

- ◆ Creative writing
- ◆ Mindfulness
- ◆ Meditation
- ◆ Health & Wellbeing
- ◆ Wig Fitting
- ◆ Library on all types of cancer.
- ◆ Lymphotoedema assistance
- ◆ Telephone assistance



Roches
POSITIVE APPEARANCE
AND WELL BEING
announce
**Wig and Breast Care Clinic
in Arklow Cancer Support Centre**

Last Wednesday of the Month 11-4pm
Wigs and Hair Pieces
Specialist Headwear
Post-Surgery Lingerie and Swimwear
Specialist Skincare Cosmetics
Cancer Safe Beauty and Massage Treatments

Prefer to browse our collections? Our Southside Studio opposite St. Vincent's Hospital may suit you.
1st Floor, Merriam Gates Medical Centre, 240 Merriam Road, Dublin 4 (free parking). Monday – Friday 10-5pm.
Saturday appointments are available at our Kimmage Studio

Call our main line to book your FREE consultation on 01 4926829 or email merriam@roches.ie
For advice, events and online shopping
www.roches.ie

FOLLOW US ON:

Arklow Cancer Support Group are delighted to announce this new service at our Centre. Roches will be visiting on the last Wednesday of each month. If you require any further information please do not hesitate in contacting Arklow Cancer Support Group or Roches for an appointment.

When you are tempted to complain about your problems, think about some of the problems that others have that you *don't* have. You'll come away with renewed gratefulness for the good things in your life.



Find Us...
www.arklowcancersupport.com



Arklow Cancer Support Group